

VADO Class Schedule 2022-2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		6:30 AM Yoga		6:30 AM Yoga		
						9:30 AM Yoga 9:30 Creative Movement
		Noon Yoga				
			4:15 Daytime Variety	4:15 Tumbling		
5:00 VADO CO 2 nd semester	5:00 Pre ballet 5:00 Tap 1 5:15 Beg. Pointe 5:45 Crea. Mvmt. FULL 5:45 Tap 2 FULL	5:00 Jazz 5:15 Ballet 2	5:15 Hip hop 1 FULL 5:15 Crea. Mvmt.	5:00 Tap 4 5:15 Dance Team 1 FULL		
6:00 Int. Pointe 7:00 Yoga	6:30 Hip hop 1 FULL 6:30 Tap 3	6:00 Ballet 1 FULL 6:00 Ballet 4 6:00 Tap 1	6:00 Pre ballet 6:15 Foundations	6:00 Adult Hip hop 6:00 Dance Team 2		
	7:15 Hip hop 2 FULL	7:00 Ballet 3	7:00 Adult Ballet	7:00 Contemporary		
	8 Performance Dance Team	8:00 Ballet 5	8:30 Tap 5	8:00 Hip hop 3		

- Studio A
- Studio B
- Studio C

